

Healthy Lifestyles Grant

Preventing & tackling obesity

What area does this grants programme cover?

To be eligible for funding, applicant organisations **must be a voluntary or community organisation** based in the wards making up the Heart of Birmingham Teaching Primary Care Trust (HoB) area. This includes the following wards: Aston, Handsworth Wood, Ladywood, Lozells and East Handsworth, Nechells, Oscott, Perry Barr, Soho, Sparkbrook and Springfield.

How much money can we apply for?

Up to £7,000

What is the closing date for applications?

5pm, Friday 25 April 2008

Broad aims of the programme

The Heart of Birmingham tPCT's Obesity Programme is particularly keen to support activities that will tackle inequalities around **diet, physical activity and obesity**, involving local people in deprived neighbourhoods.

The Lifestyles programme provides a chance for community organisations to obtain funding for a variety of activities that encourage people to:

- be more active
- eat a healthier diet
- improve understanding of obesity and healthy lifestyles.

Enquiries and application packs from...

Healthy Lifestyles Grant
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Funded by

Heart of Birmingham Teaching 
Primary Care Trust



Please e-mail the name and address of your organisation and your full contact details to the Digbeth Trust with your request for a 'Healthy Lifestyles' information pack or call and ask for a pack to be posted.

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