

Health and Community Engagement Grants 2007/08

APPLICANT	PURPOSE	AMOUNT
NCH Birmingham Young Carers Project	<p>Family Health & Wellbeing Programme</p> <p>A whole-family initiative to improve the health, wellbeing, quality of life and capacity to thrive of vulnerable, isolated young carers and their families by training 6 young adult carers (aged 16 - 25) as Peer Health Volunteers</p>	<p>£6,300.00</p>
Sport 4 Life UK	<p>Dance 4 Life</p> <p>A project to train 1 NEET young woman from the HOB area to CYQ Level 2 Instructing Health & Exercise for Children and NVQ Level 2 Exercise To Music. They will be developed as a "champion" of physical activity and deliver 100 hours of physical activity classes for 70 young women of the HOB area.</p>	<p>£5,999.00</p>
Unity FM	<p>Changing Hearts @ Unity FM</p> <p>The project aims to harness the power of media to educate and influence attitudes to heart disease in the South Asian community, particularly over 40 year old men, by producing a drama using a medically-qualified award-winning writer. The drama will be a catalyst to stimulate discussion and debate. The drama Will be distributed on CDs to community groups and facilitate a debate on and off air.</p>	<p>£4,430.00</p>
AFCAR	<p>WE DARE WE CARE</p> <p>Aimed at African and African Caribbean men aged over 40, the project will use volunteers to visit the home of families and engage the adults in discussion about health issues generally and prostate cancer specifically and to encourage access to screening services for prostate and testicular cancer. workshops on prostate and testicular cancer.</p>	<p>£6,000.00</p>
Fairbridge West Midlands	<p>"Prevention by Choice"</p> <p>Project to engage 16 hard-to-reach young people aged 13-25, exploring young people's life choices around health and wellbeing through the medium of music and performance art. This will then be used to deliver workshops in local schools and other outlets supporting children in need.</p>	<p>£5,972.00</p>
Jericho Enterprises Community Interest Company	<p>Jericho Health Exchange Project will establish and run the Jericho Health Exchange Project, a project that will be closely linked to Dietary health and will involve Accredited training in Food Hygiene or Child Care (BAES entry), a fun activity seminar involving British Heart Foundation research in diet and foods, an opportunity to take part in voluntary work with Cafe Jericho or a local Children's nursery as well as a short session called "Job Focus" preparing clients for interview.</p>	<p>£5,971.00</p>
Full Potential Arts	<p>Connect Through Art</p> <p>The project will deliver a test-pilot programme over 3 months consisting of 2 separate sessions per week pioneering a new mode of working towards service user led projects.</p>	<p>£6,000.00</p>

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	The project will help a current service user to move to a service provider securing the involvement of the Early Detection and Intervention Service of the Birmingham and Solihull Mental Health Trust (BSMHT) and directly benefit a mixed group of 16 – 30 year olds by helping explore their difficulties within a peer group setting and to take greater responsibility for their own well-being.	
Bosnia and Herzegovina UK Network	Bosnian Health Project This project will run regular, focussed, information sessions to include self scan for testicular and breast cancer, paediatric issues relating to early year child care and passive smoking, smoking cessation classes with input from the Heart of Birmingham PCT Smoking Cessation Team, healthy diet and exercise, issues around organ donation and transplants, with free input from practitioners.	£5,990.00
Community Education Training Academy (CETA)	'Out and About' Project delivering a range of activities such as gardening, dancing, cooking workshops and health specialist's talks. It will run weekly for two hours and will create an environment for local socially isolated women we work with and their children aged 2-4 years, predominantly from ethnic minority backgrounds to encourage, educate and engage them to partake in cultivating and harvesting organic fruit and vegetables.	£6,000.00
Balsall Heath CATS	Keep Fit Families Setting up of a monthly inclusive family fitness club with a fitness facilitator, who would run a keep fit through dance and movement sessions held in a local venue accessible for all. Healthy snacks and refreshments will be provided for those who are taking part with access to more information relating to healthier lifestyles. Some of the children who attend our group have long term illness as well as specific needs, such as physical disabilities and specialist diets, to which this project will be responsive.	£1,529.00
Refugee Advice Group	Whealth This project targets Somali, Ethiopian, Eritrean, Sudanese and Yemeni women living in Sparkbrook constituency of Birmingham to provide a programme of events addressing the issues of healthy eating and prevention of obesity. The programme will involve the women in a series of workshops, health awareness raising sessions, healthy exercise and practical cookery sessions to learn how to make healthy traditional food leading to the Level 1 and Level 2 Food Hygiene certificate.	£3,225.00
	TOTAL ALLOCATED	£57,416